

Most insurance providers consider repetitive Transcranial Magnetic Stimulation (rTMS) medically necessary when the following criteria are met:

- Must be at least 18 years old.
- Must have confirmed diagnosis of severe major depressive disorder (single or recurrent episode).
- Failure to respond to a minimum of 4 trials of antidepressant medication:
 - From at least two different agent classes.
 - Accompanied by at least two evidence-based augmentation therapies (*Benzodiazepines do not count*).
- Must have a trial of psychotherapy known to be effective in the treatment of MDD of an adequate frequency or duration.

If the patient has had TMS before:

- Must have had a response in a previous depressive episode as evidenced by a greater than 50% improvement in a standard rating scale that reliably measures depressive symptoms.

Coverage Limitations:

- Seizure disorders (excluding those induced by electroconvulsive therapy or isolated febrile seizures in infancy without subsequent treatment or recurrence).
- Diagnosis of Bipolar Disorder.
- Diagnosis of acute or chronic psychotic symptoms of disorders (such as schizophrenia, schizophreniform or schizoaffective disorder) **in the current depressive episode.**
- Neurological conditions that include epilepsy, cerebrovascular disease, dementia, increased intracranial pressure, having a history of repetitive or severe head trauma, or with primary or secondary tumors in the central nervous system.
- Presence of an implanted magnetic-sensitive medical device located less than or equal to 30 centimeters from the transcranial magnetic stimulation coil or other implanted metal items, including but not limited to a cochlear implant, implanted cardioverter defibrillator, pacemaker, vagus nerve stimulator, or metal aneurysm clips or coils, staples, or stents. (Note: Dental amalgam fillings are not affected by the magnetic field and are acceptable for use with transcranial magnetic stimulation).

Insurance Providers Accepted:

HealthNet
Aetna
Blue Cross/Blue Shield
Kaiser
Optum
Medicare
Cigna
Anthem