

# Checklist for Practitioners Calling a Child Access Portal Consult

- Demographic Information
  - Age
  - Who lives at home
  - School, grade
  
- Consult Question
  - Diagnostic clarification
  - Treatment recommendations
  - Medication management
  - Referrals
  
- Signs and Symptoms
  - Behaviors
  - Emotions
  - Physical complaints
  - Impaired functioning
  
- Past Psychiatric History
  - Psychiatrist, therapist, counselor
  - Medications
  - Hospitalizations
  - Safety concerns
  - Family history of psychiatric diagnoses
  
- Stressors
  - Past stressors
  - Ongoing stressors
  - Family stressors
  
- Medical Background
  - Current medical concerns
  - Past medical history
  
- Mental Status Observations
  - What do they look like in the room with you? i.e. Child's behavior, affect
  - Child's stated mood, presence of SI/HI