UCSF to host second annual Bay Area Maternal Mental Health Conference on September 15

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By Nicholas Roznovsky

UCSF will host the second annual Bay Area Maternal Mental Health Conference next month, with faculty member Anna Glezer, MD, once again serving as course director. The daylong conference will be held on Friday, September 15, in Robertson Auditorium at UCSF Benioff Children's Hospital San Francisco. Additional participants from the department include Jennifer Felder, PhD; Melissa Nau, MD; and Melanie Thomas, MD, MS.

The course is geared towards all professionals working with the perinatal population, including obstetricians, midwives, psychiatrists, psychologists, nurses, and social workers. Created with the goal of increasing clinicians' knowledge and comfort regarding the treatment of mothers during pregnancy and postpartum, the seminar will cover topics such as psychopharmacology, the impact of sleep, special populations including LGBTQ, underserved minorities, parents of NICU infants, and women with eating disorders, current health policies, and more.

CME credit will be available for the course and registration is required. Early bird discounts are available for those who register before September 1. For more information, visit the UCSF Continuing Medical Education website.

The conference is sponsored by the Northern California Psychiatric Society, Postpartum Support International, University of San Francisco Sigma Theta Tau - Beta Gamma Chapter, and the UCSF Preterm Birth Initiative.

About UCSF Psychiatry

The UCSF Department of Psychiatry and the Langley Porter Psychiatric Institute are among the nation’s foremost resources in the fields of child, adolescent, adult, and geriatric mental health. Together they constitute one of the largest departments in the UCSF School of Medicine and the UCSF Weill Institute for Neurosciences, with a mission focused on research (basic, translational, clinical), teaching, patient care and public service.
UCSF Psychiatry conducts its clinical, educational and research efforts at a variety of locations in Northern California, including UCSF campuses at Parnassus Heights, Mission Bay and Laurel Heights, UCSF Medical Center, UCSF Benioff Children's Hospitals, Zuckerberg San Francisco General Hospital and Trauma Center, the San Francisco VA Health Care System and UCSF Fresno.

About the UCSF Weill Institute for Neurosciences

The UCSF Weill Institute for Neurosciences [11], established by the extraordinary generosity of Joan and Sanford I. "Sandy" Weill, brings together world-class researchers with top-ranked physicians to solve some of the most complex challenges in the human brain.

The UCSF Weill Institute leverages UCSF’s unrivaled bench-to-bedside excellence in the neurosciences. It unites three UCSF departments?Neurology, Psychiatry, and Neurological Surgery?that are highly esteemed for both patient care and research, as well as the Neuroscience Graduate Program, a cross-disciplinary alliance of nearly 100 UCSF faculty members from 15 basic-science departments, as well as the UCSF Institute for Neurodegenerative Diseases, a multidisciplinary research center focused on finding effective treatments for Alzheimer’s disease, frontotemporal dementia, Parkinson’s disease, and other neurodegenerative disorders.

About UCSF

UC San Francisco (UCSF) [12] is a leading university dedicated to promoting health worldwide through advanced biomedical research, graduate-level education in the life sciences and health professions, and excellence in patient care. It includes top-ranked graduate schools of dentistry, medicine, nursing and pharmacy; a graduate division with nationally renowned programs in basic, biomedical, translational and population sciences; and a preeminent biomedical research enterprise. It also includes UCSF Health, which comprises top-ranked hospitals ? UCSF Medical Center [13] and UCSF Benioff Children’s Hospitals in San Francisco [14] and Oakland [15] ? and other partner and affiliated hospitals and healthcare providers throughout the Bay Area.