General Evaluation and Short-Term Treatment Clinic

The UCSF Child & Adolescent Psychiatry General Evaluation and Short-Term Treatment Clinic (GESTT) provides multidisciplinary consultative assessments within a developmental framework of children and adolescents with emotional, behavioral, and cognitive difficulties. GESTT provides outpatient clinic-based consultations for families that focus on achieving diagnostic clarity and developing treatment plans that are shared with the referring pediatric service with the goal of addressing the mental health needs in pediatric care settings.

GESTT is a multidisciplinary team that includes child and adolescent psychiatrists, nurse practitioners, and pediatricians, as well as trainees from diverse programs at different levels of training.

Clinic faculty

Caitlin Costello, MD [1]

Medical Director, GESTT Clinic
Assistant Clinical Professor of Psychiatry, UCSF

As the medical director, Dr. Costello oversees the overall administration of GESST and our affiliated training program.

Dr. Costello completed her medical school and general psychiatry at Johns Hopkins University in Baltimore. She completed her child and adolescent psychiatry fellowship at the New York-Presbyterian Hospital of Columbia and Cornell Universities, as well as a forensic psychiatry fellowship at UCSF. Her clinical interests include OCD, tic disorders, and ADHD, as well as advancing health policy and trainee program development.

Appointments

For an appointment, please use the online LPPHC Patient Treatment Request Portal [2] or call our intake and referral service at (415) 476-7000.