Intensive Practice-Based Training Program

Intensive practice-based training in multicultural infant/family mental health

The Infant-Parent Program (IPP) [1] at Zuckerberg San Francisco General Hospital and Trauma Center (ZSFG) offers professional development and training to multidisciplinary students and practitioners comprising the field of infant and early childhood mental health. These disciplines include social work, family therapy, psychology, and psychiatry (child and adult). On occasion, students or professionals from allied professions such as maternal-child health nursing, pediatrics, or occupational therapy may pursue the specialized training opportunities IPP provides.

All aspects of the training program have been articulated with the California Competencies, supporting participants in pursuing endorsement as infant mental health transdisciplinary providers and/or specialists through the California Center for Infant/Family and Early Childhood Mental Health. The curriculum includes units dedicated to understanding parenting, family functioning, and infant-parent and preschool-parent relationships; infant/toddler and preschool development; biological and psychosocial factors impacting outcomes; risk and resiliency; observation, screening & assessment; diagnosis & intervention; interdisciplinary collaboration; and ethics.

Participants in the Intensive Practice-Based Training Program typically pursue training in one multicultural infant/family or early childhood intervention modality per year, although those with appropriate background and experience may undergo two or more training strands simultaneously. The modalities in which participants may be trained include:

- Infant-parent psychotherapy (children ages 0-3)
- Mental health consultation to infant/early childhood settings
- Perinatal intervention and consultation
- Child-parent psychotherapy (children ages 3-5)
- Developmental therapeutic playgroups for toddlers and preschoolers
- Therapeutic shadowing of high-needs children in group care settings

Training in infant-parent psychotherapy and therapeutic shadowing is available every year. The availability of training in the other modalities is variable based on funding considerations and also requires that trainees enter with the appropriate educational or professional background.

Training is nine to twelve months beginning in September of each year.

Predoctoral psychology internships: The Infant-Parent Program is suspending its doctoral
internship match for the 2018-2019 training year. Instead, IPP will serve as one of the infant/early childhood community rotations for the UCSF Multicultural Clinical Training Program located at ZSFG, which is an Association of Psychology Postdoctoral and Internship Center (APPIC) program #1902. Please see the APPIC directory at appic.org [2].

**Postdoctoral psychology:** Full- and/or part-time, non-stipended training positions are regularly available for applicants with appropriate background and experience who have graduated from APA-accredited PsyD or PhD programs and are seeking supervised hours of experience towards licensure. In addition, a full-time stipended position may be available if there is a match between funding source, clinical needs, and the applicant's background and experience. Follow the application guidelines below.

**Marriage and family therapy, social work and other disciplines:** Several part- and full-time non-stipended positions are offered to developing professionals in these disciplines who are seeking supervised hours of experience. While the training is usually most appropriate for people at the post-master's level, training can sometimes take place concurrent with the second year of the master's program. Follow application guidelines below.

**THE APPLICATION PERIOD FOR THE 2018-2019 TRAINING YEAR HAS CLOSED.**

**Application guidelines**

Please send copies of the following via email to Co-Directors of Training Maria St. John, PhD, MFT [3], and Elizabeth Lujan, PhD [4]:

- A letter describing your interest in the IPP Intensive Practice-Based Training Program and relating this to your background and experience
- A CV
- Three letters of recommendation (these may be included or sent under separate cover)

**Address**

Infant-Parent Program
Intensive Practice-Based Training Program
Zuckerberg San Francisco General Hospital and Trauma Center
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