Robert S. Wallerstein, MD Visiting Lectureship in Psychoanalysis and Psychotherapy

The 2017 Wallerstein Lecture is available to watch online.

Each year, the UCSF Department of Psychiatry invites a distinguished scholar to speak on campus as part of the Robert S. Wallerstein, MD Visiting Lectureship in Psychoanalysis and Psychotherapy. This lecture series is held in honor of the late Robert S. Wallerstein, MD, and is focused on showcasing psychoanalytic knowledge and clinical expertise that influence psychiatry, psychotherapy and psychoanalysis.

The 12th Annual Robert S. Wallerstein, MD Visiting Lectureship in Psychoanalysis and Psychotherapy

Noted clinical educator and author Deborah L. Cabaniss, MD, was featured as the speaker at the 12th annual Robert S. Wallerstein, MD Visiting Lectureship on Psychoanalysis and Psychotherapy on Wednesday, March 8, 2017 from 1 – 5 p.m. Her keynote address, “Teaching Psychodynamics: Today and Tomorrow,” was followed by a live teaching
demonstration, and then discussion and analysis moderated by William Wolfe, MD [4], and featuring Cabaniss, Adam Goldyne, MD [5], and Mary Margart McClure, DMH [6].

About this year's keynote speaker

Deborah L. Cabaniss, MD

Deborah L. Cabaniss, MD, is a professor of clinical psychiatry at the Columbia University College of Physicians and Surgeons and Associate Director of Residency Training in the Department of Psychiatry. She is also a training and supervising analyst at the Columbia University Center for Psychoanalytic Training and Research.

She is the winner of numerous teaching awards, including the Columbia University Presidential Award for Outstanding Teaching, the American Psychoanalytic Association’s Edith Sabshin Award, and the American Psychiatric Association’s Irma Bland Award. She is a graduate of Yale University and the Columbia University College of Physicians, and completed her psychoanalytic training at Columbia.

Her book, “Psychodynamic Psychotherapy: A Clinical Manual,” written with co-authors Sabrina Cherry, Carolyn Douglas, and Anna Schwartz, (and now in its second edition) was published by Wiley in January 2011 and is being used by residency training programs throughout the United States and Canada. It has been translated into Mandarin, Korean and Farsi? with a French version on the horizon. Her second book, “Psychodynamic Formulation,” written with the same group of co-authors as well as Ruth Graver, was published in 2013.

Previous keynote speakers

- 2016 - Bessel A. van der Kolk, MD [7]
- 2015 - Beatrice Beebe, PhD [8]
- 2014 - Morris Eagle, PhD [9]
- 2013 - Regina Pally, MD [10]
Robert S. Wallerstein, MD

Robert S. Wallerstein, MD, (1921?2014) was a distinguished psychiatrist, psychotherapy researcher, and psychoanalytic leader who left a legacy of a widened scope of theory and technique in the psychological sectors of psychiatry. He was an administrator who advocated for cooperation between psychiatrists, psychologists, and social workers in achieving academic excellence and sought to develop a new profession, the Doctor of Mental Health. He also developed a departmental structure that worked across professional lines, leading to new ideas on research centers, educational plans, and high quality service delivery.

Dr. Wallerstein trained at the Menninger Foundation in Topeka, Kansas, rising to become the foundation?s director of research and conducting a pioneering study called the Psychotherapy Research Project. He moved to the Bay Area in 1966 as the chief of psychiatry at Mount Zion Hospital, then joined the faculty of the UCSF Department of Psychiatry as a professor. Dr. Wallerstein served as department chair and director of the Langley Porter Psychiatric Institute from 1975-1985, as well as a training and supervising analyst at the San Francisco Psychoanalytic Institute, and president of both the American and International Psychoanalytic Associations.

Dr. Wallerstein was a leader by consensus. With a remarkable ability of synthesis, he strived to bring together diverse schools of theory and treatment technique. He will be remembered as a dynamic and tireless leader who contributed extensively to every organization that he led.